

# KIDCO Express

## October, 2019

### ACTIVITIES

October 1 – October 31

- On-going classroom and outdoor activities in celebration of Head Start Awareness Month (Parents provided with copy of activities)

October 3

- Picture Day for KV & KVII

October 4

- Picture Day for KII, KIV, KVI

October 7

- 3:00pm - Parent Trainings: Domestic Violence/Substance Abuse & Health & Development consequences of Tobacco product - KII

October 8

- 3:00pm - Parent Trainings: Domestic Violence/Substance Abuse & Health & Development consequences of Tobacco product - KIV & KVII
- Teacher Planning Day – HS Teachers & Educational Support Staff – "Seeds Curriculum Training"
- 8:00am – 4:00pm – Central Mater Walker Park HS (Second Session) EHS teachers and HS KIDCO V, classroom 2, 3 and KIDCO VII, classroom 1 – "Addressing Challenging Behaviors"
- 9:00am – 12:00pm – Arlette Gonzalez, LCSW – Behavioral Specialist of South Florida

October 10

- 3:00pm – 4:00pm - OPEN HOUSE – All KIDCO sites Child Development Curriculum, Lesson Plan, Galileo Overview Training



October 11

- 3:00pm - Parent Trainings: Domestic Violence/Substance Abuse & Health & Development consequences of Tobacco product – KVII
- "Wear your Flag" Day – Children wear their flag proudly in honor of Hispanic Heritage Month
- 3:00pm - Parent Trainings: Domestic Violence/Substance Abuse & Health & Development consequences of Tobacco product - KV

October 17

- Policy Committee Meeting at KVII



October 18

- 9:45am - Hispanic Day Parade – Center Playground

October 21

- Children will plant a "Heritage Garden" with staple crops commonly grown in Spanish-speaking countries

October 23

- Celebration of Pablo Picasso's Birthday and United Nations Day! Children create a "Bouquet of Peace" artwork using bright colors in honor of Picasso's Light color Era, his Rose Period

October 25

- Teacher Planning Day
- HS Teachers and Education Support Staff – "Seeds Curriculum Training"
- 8:00am – 4:00pm – Central Mater Walker Park HS (Third Session) EHS teachers and HS KIDCO V classroom 2,3 and KIDCO VII, classroom 1 – "Nurturing and Caring Relationships" - 9:00am-12:00pm – Arlette González, LCSW – Behavioral Specialist of South Florida

October 30

- "Adopt a Classroom" Parent Presentation in the Classrooms



October 31

- Real and Pretend Activity - Children can come dressed in their costumes
- 9:00am - KIDCO II – Game Master Puppet Show
- 9:00am - KIDCO IV – Game Master Puppet Show
- 11:00am - KIDCO V – Magic Show
- 10:00am - KIDCO VI – Game Master Puppet Show
- 9:00am - KIDCO VII – Magic Show

### OCTOBER'S BIRTHDAY

Norka I. Rodríguez  
 Roberto Miranda  
 Milagros Dominguez

October 1  
 October 8  
 October 18

### PARENTS' CORNER

#### HOME LIBRARY

Many children enjoy creating a place in the home to store books that have special meaning. Encouraging children to collect their personal favorites can nurture their interests in books and support a lifelong love of reading. Here's how you can build a home library:

**Find a special place.** If your children's rooms do not already have a bookshelf or a bookcase, use a box, basket or other sturdy container. Plastic stacking "cubes" work well and come in many colors. Remember to make the books accessible to your child by placing them at their reach.

**Encourage your children to choose books** to add to their collection. A book-buying trip to a yard sale or a bookstore can make a fun Saturday morning family activity. While choosing books, talk about the cover, the author, illustrator, the pictures and ask why your child is interested in the book.

**Take your children to the library regularly.** Even children with well-stocked bookshelves enjoy new reading material. Encourage your children to keep their library books alongside their own books to treat them with the same care and attention.

**For babies and young toddlers, choose sturdy books to survive rough handling.** Board books, for example, have thick pages that can be turned easily and wiped clean. Remember to look at the books with your baby or toddler and talk about the pictures.

### EVENTS

**Children Museum of Miami** – 3<sup>rd</sup> Friday of each month

**History Museum of Miami** – 2<sup>nd</sup> Saturday of each month

#### FREE ADMISSION

#### THE WORLD'S BEST CHICKEN



Serves: 3-4

#### Ingredients

- 4 boneless, skinless chicken breasts
- ½ cup Dijon mustard
- ¼ cup maple syrup
- 1 tablespoon red wine vinegar
- Salt & pepper
- Fresh rosemary

#### Instructions

- Preheat oven to 425 degrees.
- In a small bowl, whisk together mustard, syrup, and vinegar.
- Place chicken breasts into 9"x13" lined baking dish.
- Season with salt & lots of pepper.
- Pour mustard mixture over chicken. Make sure each breast is coated.
- Put some more pepper on, if you please.
- Bake for 30-40 minutes, or until meat thermometer reads 165 degrees.
- Season with fresh rosemary.

KIDCO Creative Learning (305) 576-6990